



ABDOMINAL EMERGENCIES

Effective: January 1, 2023
Replaces: January 1, 2021

1. BLS Treatment

- 1.1. Routine Medical Care – Adult (700-S04)
 - 1.1.1. **Oxygen** – titrate as appropriate
- 1.2. Place patient in recovery position or position of comfort
- 1.3. Treat associated signs and symptoms of shock as appropriate (700-A10)

2. ALS Treatment

- 2.1. **Vascular Access (IV)**, TKO
- 2.2. **250ml Fluid bolus** if patient has clear lung sounds
 - 2.2.1. May repeat once if pain persists and lung sounds remain clear
- 2.3. If patient presents with nausea and/or vomiting administer **Ondansetron (Zofran) 4mg ODT/ IV**
 - 2.3.1. May repeat once after 10-15 minutes without relief of symptoms, total dose 8 mg
- 2.4. Consider Ondansetron (Zofran) administration prior to pain management
- 2.5. Minor to moderate pain management or morphine allergy
 - 2.5.1. **Intravenous acetaminophen 1000mg** (for adult patients weighing 50kg or more) **IV Piggyback or IV Drip**, delivered over fifteen (15) minutes. Directly puncture the vial using a macro-drip set, open drip chamber vent valve and deliver at a rate of **60 gtts/min** (dose is 15mg/kg for adult patients weighing less than 50kg)
- 2.6. Severe pain management or acetaminophen allergy
 - 2.6.1. **Morphine 2–5mg IV** every 3-5 minutes, titrated to pain, up to 20 mg max
 - 2.6.2. OR; **Morphine 5–10mg IM**, may repeat in 20 minutes, up to 20 mg max
- 2.7. **BASE CONTACT**: if additional Morphine above 20 mg is needed