



## ABDOMINAL EMERGENCIES

**Effective:** January 1, 2021  
**Replaces:** April 27, 2017  
**Review:** January 1, 2023

### 1. BLS Treatment

- 1.1. Routine Medical Care – Adult **(700-S04)**
  - 1.1.1. **Oxygen** – titrate as appropriate
- 1.2. Place patient in recovery position or position of comfort
- 1.3. Treat associated signs and symptoms of shock as appropriate **(700-A10)**

### 2. ALS Treatment

- 2.1. **Vascular Access (IV)**, TKO
- 2.2. **250ml Fluid bolus**, if patient has clear lung sounds
  - 2.2.1. May repeat once if pain persists and lung sounds remain clear
- 2.3. If patient presents with nausea and/or vomiting administer **Ondansetron (Zofran) 4mg ODT/ IV**
  - 2.3.1. May repeat once after 10-15 minutes without relief of symptoms, total dose 8 mg
- 2.4. Consider Ondansetron (Zofran) administration prior to pain management
- 2.5. Minor to moderate pain management (six or less on the pain scale)
  - 2.5.1. **Intravenous acetaminophen (Ofirmev) 1000mg IV Piggyback or IV Drip**, delivered over fifteen (15) minutes. Directly puncture the vial using a macro-drip set, open drip chamber vent valve and deliver at a rate of **60 gtts/min**.
- 2.6. Severe pain management (seven or greater on the pain scale)
  - 2.6.1. **Morphine 2–5mg IV** every 3-5 minutes, titrated to pain, up to 20 mg max
  - 2.6.2. OR; **Morphine 5–10mg IM**, may repeat in 20 minutes, up to 20 mg max
- 2.7. **BASE CONTACT**: if additional Morphine above 20 mg is needed